

WATERS OF SPRINGFIELD

Spring Summer 2018

General

Week 1

Sunday Apr-15, May-20, Jun-24, Jul-29, Sep-02	Monday Apr-16, May-21, Jun-25, Jul-30, Sep-03	Tuesday Apr-17, May-22, Jun-26, Jul-31, Sep-04	Wednesday Apr-18, May-23, Jun-27, Aug-01, Sep-05	Thursday Apr-19, May-24, Jun-28, Aug-02, Sep-06	Friday Apr-20, May-25, Jun-29, Aug-03, Sep-07	Saturday Apr-21, May-26, Jun-30, Aug-04, Sep-08
Breakfast						
Hot or Cold Cereal Choice of Eggs Orange Sticky Bun Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Cheese Sandwich Sausage Patty Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Eggs Buttered Waffles Turkey Links Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Western Omelet Bake Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Bacon Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Sausage Patty Biscuits & Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Pot Roast Mashed Potatoes Whole Baby Carrots Fresh Baked Roll Strawberry Shortcake Brown Gravy Margarine Coffee/Tea	Baked Spaghetti Tossed Salad Wheat Bread Peach Crisp Choice of Dressing Margarine Coffee/Tea	Fried Chicken Macaroni & Cheese Southern Green Beans Black Eyed Peas Wheat Bread Vanilla Ice Cream Cup Margarine Coffee/Tea	Turkey Potato Au Gratin Crumb Topped Brussels Sprouts Fresh Baked Roll Banana Cream Pie Margarine Coffee/Tea	BBQ Chicken Breast Whipped Sweet Potatoes Collard Greens Honey Wheat Dinner Roll Peanut Butter Brownies Margarine Coffee/Tea	Catch of the day Steamed Cabbage Fried Okra Wheat Bread Carrot Cake Margarine Coffee/Tea	Country Fried Steak Country Gravy Mashed Potatoes Green Beans Biscuit Apple Crisp Margarine Coffee/Tea
Dinner						
Chicken and Noodles Green Peas Buttered Breadstick Chilled Peaches Margarine 2% Milk Coffee/Tea	BBQ Pork Sandwich French Fries Creamy Cole Slaw Watermelon Ketchup 2% Milk Coffee/Tea	Swedish Meatballs White Rice Broccoli Dinner Roll Pineapple Chunks Margarine 2% Milk Coffee/Tea	Tomato Soup Saltines Grilled Cheese Sandwich Cucumbers and Onions Red Grapes Ketchup 2% Milk Coffee/Tea	Fried Pork Chop O'Brien Potatoes Creamed Spinach Cornbread Berry Applesauce Margarine 2% Milk Coffee/Tea	Cheese Ravioli w/Sauce Italian Green Beans Tossed Salad Garlic Toast Cantaloupe Choice of Dressing Margarine 2% Milk Coffee/Tea	Old Fashioned Vegetable Beef Soup Saltines Hot Ham & Swiss on Bun Sliced Tomatoes German Potato Salad Mixed Fruit 2% Milk Coffee/Tea

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Week 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr-22, May-27, Jul-01, Aug-05, Sep-09	Apr-23, May-28, Jul-02, Aug-06, Sep-10	Apr-24, May-29, Jul-03, Aug-07, Sep-11	Apr-25, May-30, Jul-04, Aug-08, Sep-12	Apr-26, May-31, Jul-05, Aug-09, Sep-13	Apr-27, Jun-01, Jul-06, Aug-10, Sep-14	Apr-28, Jun-02, Jul-07, Aug-11, Sep-15
Breakfast						
Buttered Waffles Choice of Eggs Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheesy Scrambled Egg Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Bacon Wheat Toast Peanut Butter Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Cheese Sandwich Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Sausage Patty Pancakes Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Cheese Grits Choice of Eggs Biscuits & Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Sausage Patty Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Roast Beef Baked Potato Carrots Wheat Bread Sugar Cream Pie White Pepper Gravy Sour Cream and Chives Margarine Coffee/Tea	Chicken Jambalaya Fried Okra Sweet Potato Pie Margarine Coffee/Tea	Chicken Parmesan Spaghetti Noodles Tuscan Vegetable Blend Tossed Salad Chocolate Cheesecake Bars Choice of Dressing Margarine Coffee/Tea	Cornflake Chicken Breast Red Skin Mashed Potatoes Spinach Southern Style Biscuit Cherry Fruit Cobbler Margarine Coffee/Tea	Beef Taco Salad Mexican Fiesta Rice Peanut Butter Cookie Margarine Coffee/Tea	Breaded Cod Potato Wedges Harvard Beets Dinner Roll Lemon Mousse Margarine Coffee/Tea	Zesty Lemon Pepper Turkey Potatoes Romanoff Asparagus Buttered Breadstick Frosted Marble Cake Margarine Coffee/Tea
Dinner						
Manicotti with Parmesan Cheese Tossed Salad Garlic Bread Knot Berry Applesauce Choice of Dressing Margarine 2% Milk Coffee/Tea	Potato Leek Soup Saltines French Dip Sandwich Marinated Cucumbers & Tomatoes Cinnamon Apples Margarine 2% Milk Coffee/Tea	Bacon-Wrapped Beef Burger Lettuce / Tomato / Onion Tri-color Pasta Salad Watermelon Ketchup Mustard Packet Margarine 2% Milk Coffee/Tea	Macaroni & Ch w/ Ham Stewed Tomatoes Dinner Roll Chilled Peaches Margarine 2% Milk Coffee/Tea	Broccoli Cheese Soup Saltines Deli Plate w/Potato Salad Pineapple Chunks 2% Milk Coffee/Tea	Swiss Steak/Gravy Egg Noodles Broccoli Honey Wheat Dinner Roll Orange Wedges Margarine 2% Milk Coffee/Tea	Ham Slice Sweet Potatoes Parslied Cauliflower Corn Muffin Fruit Compote Margarine 2% Milk Coffee/Tea

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Week 3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Apr-29, Jun-03, Jul-08, Aug-12, Sep-16	Apr-30, Jun-04, Jul-09, Aug-13, Sep-17	May-01, Jun-05, Jul-10, Aug-14, Sep-18	May-02, Jun-06, Jul-11, Aug-15, Sep-19	May-03, Jun-07, Jul-12, Aug-16, Sep-20	May-04, Jun-08, Jul-13, Aug-17, Sep-21	May-05, Jun-09, Jul-14, Aug-18, Sep-22
Breakfast						
Pancakes Turkey Links Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Bacon Orange Sticky Bun Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Sausage Patty Raisin Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Quiche Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Blueberry Muffin Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg Patty Sausage Patty Biscuits & Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Breakfast Casserole Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Meatloaf Duchess Potatoes Herb Glazed Carrots Wheat Bread Raspberry Parfait Pie Margarine Coffee/Tea	Chicken Ratatouille Spaghetti Noodles Buttered Breadstick Oreo Cookie Blondies Margarine Coffee/Tea	Pollock Almondine Rice Pilaf Chalet Garlic Vegetable Blend Fresh Baked Roll Pineapple Upside Down Cake Margarine Coffee/Tea	Roast Turkey AuGratin Potatoes Peas & Carrots Honey Wheat Dinner Roll Blueberry Crisp Margarine Coffee/Tea	Country Fried Steak Cheesy Mashed Potatoes Asparagus Cheese Biscuit Butterscotch Brownie Parfait Margarine Coffee/Tea	Herb Baked Tilapia Rice Pilaf Sauteed Zucchini Wheat Bread Sugar Cream Pie Margarine Coffee/Tea	BBQ Chicken Baked Potato Wax Beans Fresh Baked Roll Zucchini Bars Sour Cream and Chives Margarine Coffee/Tea
Dinner						
Navy Bean Soup Saltines Egg Salad Sandwich Marinated Cucumbers & Tomatoes Red Grapes 2% Milk Coffee/Tea	Country Fried Pork w/ Cream Sce Red Bliss Potatoes Vinegar Cole Slaw Dinner Roll Berry Applesauce Margarine 2% Milk Coffee/Tea	Beef Tater Tot Bake Green Beans Wheat Bread Banana Margarine 2% Milk Coffee/Tea	Baked Ziti Tossed Salad Garlic Toast Mixed Fruit Parmesan Cheese Choice of Dressing Margarine 2% Milk Coffee/Tea	Baked Potato Soup Saltines Chicken Reuben Sandwich Broccoli Watermelon Margarine 2% Milk Coffee/Tea	Cheeseburger Lettuce / Tomato / Onion Onion Rings Diced Pears Ketchup 2% Milk Coffee/Tea	Pimiento Cheese Sandwich Marinated Cucumbers & Tomatoes Potato Chips Chilled Peaches Margarine 2% Milk Coffee/Tea

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Week 4

Sunday May-06, Jun-10, Jul-15, Aug-19	Monday May-07, Jun-11, Jul-16, Aug-20	Tuesday May-08, Jun-12, Jul-17, Aug-21	Wednesday May-09, Jun-13, Jul-18, Aug-22	Thursday May-10, Jun-14, Jul-19, Aug-23	Friday May-11, Jun-15, Jul-20, Aug-24	Saturday May-12, Jun-16, Jul-21, Aug-25
Breakfast						
Hot or Cold Cereal Egg & Cheese Sandwich Canadian Bacon Margarine Juice of Choice 2% Milk Coffee/Tea	Choice of Eggs Pancakes Sausage Links Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Biscuits & Sausage Gravy Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Hard Boiled Egg Bacon Assorted Donut Strawberry Smoothie Margarine Juice of Choice 2% Milk Coffee/Tea	Buttered Waffles Turkey Links Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Sausage Patty Choice of Danish Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg & Sausage Bake Wheat Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Beef Brisket Garlic Mashed Potatoes Capri Vegetable Blend Wheat Bread Key Lime Meringue Pie Margarine Coffee/Tea	Grilled Pork Chop Roasted Sweet Potato Wedges Broccoli and Cheese Dinner Roll Frosted Banana Cake Margarine Coffee/Tea	Seasoned Beans w/Ham Bits American Fried Potatoes Collard Greens Cornbread Turtle Squares Margarine Coffee/Tea	Honey Chicken Rosemary Roasted Potatoes California Vegetable Blend Fresh Baked Roll Orange Cream Bars Margarine Coffee/Tea	Ham Slice White Beans w/ Ham & Onion Seasoned Greens Wheat Bread Peanut Butter Pie Margarine Coffee/Tea	Spaghetti Sauce w/Meat Spaghetti Noodles Italian Green Beans Tossed Salad Garlic Toast Red Velvet Cake Choice of Dressing Margarine Coffee/Tea	Italian Baked Chicken Parslied Potatoes Tuscan Vegetable Blend Zucchini Carrot and Cheese Bread Banana Parfait Margarine Coffee/Tea
Dinner						
Coney Island Hot Dog Creamy Cole Slaw French Fries Banana Tartar Sauce Ketchup 2% Milk Coffee/Tea	Tuscan Bean & Sausage Soup Saltines Grilled Chicken Breast Swch Lettuce / Tomato / Onion Orange Wedges Mayonnaise Packet 2% Milk Coffee/Tea	Salisbury Steak Green Beans & Mushrooms Tossed Salad Choice of Dressing Watermelon Margarine 2% Milk Coffee/Tea	Italian Meatball Sub with Sauce Creamy Cole Slaw Pineapple Chunks Parmesan Cheese 2% Milk Coffee/Tea	Brd Chicken w/Broccoli & Cheddar Tossed Salad Succotash Vegetable Blend Cornbread Apple Slices Choice of Dressing Margarine 2% Milk Coffee/Tea	Creole Fish Long Grain & Wild Rice Creamed Peas Fresh Baked Roll Fresh Fruit Cup Margarine 2% Milk Coffee/Tea	Cheeseburger Soup Saltines Deli Sandwich Broccoli Raisin Salad Red Grapes 2% Milk Coffee/Tea

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Week 5

Sunday May-13, Jun-17, Jul-22, Aug-26	Monday May-14, Jun-18, Jul-23, Aug-27	Tuesday May-15, Jun-19, Jul-24, Aug-28	Wednesday May-16, Jun-20, Jul-25, Aug-29	Thursday May-17, Jun-21, Jul-26, Aug-30	Friday May-18, Jun-22, Jul-27, Aug-31	Saturday May-19, Jun-23, Jul-28, Sep-01
Breakfast						
Hot or Cold Cereal Choice of Eggs Sausage Patty Wheat Toast Margarine Jelly Juice of Choice 2% Milk Coffee/Tea	Pancakes Scrambled Eggs Syrup Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Egg Patty Bacon Whole Wheat English Muffin Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Sausage Links Lemon Bread Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Cheese Omelet Strawberry Coffee Cake Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Choice of Eggs Raisin Toast Jelly Margarine Juice of Choice 2% Milk Coffee/Tea	Hot or Cold Cereal Scrambled Eggs Bacon Banana Bran Muffin Margarine Juice of Choice 2% Milk Coffee/Tea
Lunch						
Roasted Pork Tenderloin Roasted Potato Medley Dilled Carrots Fresh Baked Roll Peach Fruit Cobbler Margarine Coffee/Tea	Salisbury Steak White Rice Sugar Snap Peas Honey Wheat Dinner Roll Bread Pudding Margarine Coffee/Tea	Breaded Catfish Potato Wedges Mandarin Cole Slaw Dinner Roll Oatmeal Raisin Cookie Margarine Coffee/Tea	Sloppy Joe Macaroni & Cheese Green Beans Cornbread Baked Custard Margarine Coffee/Tea	Chicken Tacos Soft Shell Refried Beans Lettuce / Tomato / Onion Seasoned Black Beans Fried Cornbread Cakes Cherry Chocolate Bar Margarine Coffee/Tea	Lemon Baked Fish Parmesan Noodles Creamed Spinach Fresh Baked Roll Strawberry Pretzel Squares Margarine Coffee/Tea	Country Fried Steak Oven Browned Potatoes Seasoned Greens Cornbread Lemon Poppyseed Cake Choice of Dressing Margarine Coffee/Tea
Dinner						
Beef and Cabbage Soup Saltines Grilled Turkey & Swiss Sandwich Prince Charles Veggie Blend Berry Applesauce Margarine 2% Milk Coffee/Tea	Vegetable Lasagna Broccoli Tossed Salad Buttered Breadstick Strawberry & Banana Cup Choice of Dressing Margarine 2% Milk Coffee/Tea	Chicken Tenders Marinated Cucumbers & Tomatoes Corn on the Cob Southern Style Biscuit Chilled Peaches Margarine 2% Milk Coffee/Tea	Creamy Garden Veg Soup Saltines BBQ Pork Ribette Corn Bake Asparagus Pineapple Chunks Margarine 2% Milk Coffee/Tea	Breaded Veal Patty Mushroom Gravy Red Skin Mashed Potatoes Chalet Garlic Vegetable Blend Honey Wheat Dinner Roll Fruit Compote Margarine 2% Milk Coffee/Tea	Chunky Vegetable Soup Saltines Turkey Sub Sandwich Tri-color Pasta Salad Mandarin Oranges 2% Milk Coffee/Tea	Kielbasa Macaroni & Cheese Stewed Tomatoes Dinner Roll Diced Pears Margarine 2% Milk Coffee/Tea